

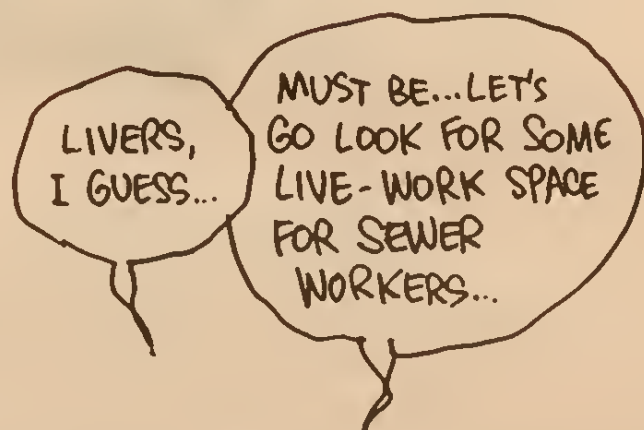
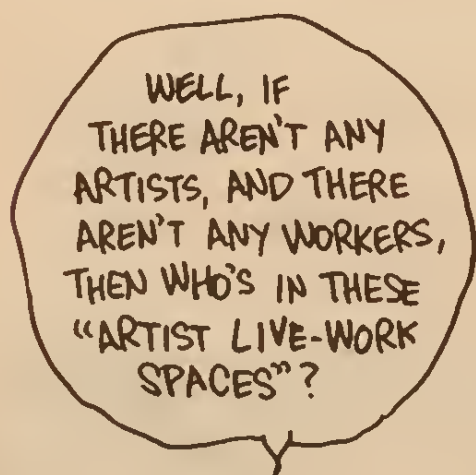


June, 1999

Volume XXX, No. 5

FREE

# RATS!





# GETTING INVOLVED

**ROSES (Residents of the Southeast Sector)** meets the first Thursday of each month (June 3) with members of the San Francisco Police Department, to discuss issues of public concern. The forum takes place at 7 p.m. in the Community Facility downstairs at 1800 Oakdale at Phelps. This month's meeting will focus on two important issues. Speakers addressing problems of domestic violence will be Assistant D.A. Liz Aguilar-Tarchi, and, for the D.A.'s Family Violence Project, Sylvia Jones. Officer Heinz Hoff will report on the S.F.P.D.'s Domestic Violence unit. On a different subject, the Forum will hear the good news that the long anticipated Emporium Project is finally about to get underway. Details of the plans and progress reports on this project (for renovating the old Emporium building on Market St.) will be presented by Project Manager David Jones and Vice President Natalie Berg for the developers, Forest City Corp.

**Potrero Hill Health Center Advisory Board** meets the second Monday of the month (June 14) from 6-7 p.m. Meetings, held at the Center at 1050 Wisconsin St., are open to the public. Watch for news of the Health & Jobs Fair, August 6 and if you or your organization is interested in being a part of the fair, contact Oscaryne Williams at the Potrero Hill Family Resource Center by June 1, at 206-2121.

**Potrero Hill Democratic Club** meets the second Tuesday of each month (June 15). The meetings start at 7 p.m. at the Potrero Hill Neighborhood House, 953 De Haro St. This month's meeting will deal with the coming elections and the living wage issue.

**Starr King Park Board of Directors** meets the second Wednesday evening of each odd-numbered month (July 14) in the Potrero Hill Library upstairs meeting room, 1616 20th St., at 7 p.m. The Saturday work parties (9:30 a.m. until 1:30 p.m.) will continue every month on the third Saturday of the month, (June 19). The park is located at Carolina and 23rd Streets.

**PLAN (Potrero League of Active Neighbors)** meets in executive session only. Anyone wishing to raise an issue for consideration by the board may phone Elizabeth at 826-6359.

**Potrero Hill Boosters Neighborhood Assn.)** meets the last Tuesday of the month (June 29) at 7:30 p.m. in the Potrero Hill Library, 1616-20th St. For details, please call Dick Millet at 861-0345.

**Potrero Hill Garden Club** meets the last Sunday of the month (June 27) at 11 a.m. for a potluck brunch in a local home or garden. Informal discussion will be held on a variety of subjects relating to organic, edible or ornamental gardening appropriate for Potrero Hill's particular mini-climate. Please call 648-6740 for details.



READING EXTRA BULLETIN.

# TEN YEARS AGO

## In The View.

### PROGRAM WORKS WONDERS AT DANIEL WEBSTER

Test scores at Daniel Webster School increased nearly two grade levels in 1989 as a result of a new program of accelerated learning that involved accepting responsibility for the success or failure of the students, embarking on an effort to develop a sense of school community, and increasing learning and student achievement so that the "at risk" student population would be up to grade level by the completion of the sixth grade. The program emphasized "parent involvement and cooperative learning to offset the self-centeredness fostered by the American culture."

### ANNUAL SCENIC SCAMPER ROARS OVER THE HILL IN JUNE

The eight kilometer race wound from the Nabe at the top of the Hill to China Basin and the Leity O'Doul Bridge and back, offering runners of all ages some of the most breathtaking views of the City. Prizes donated by local merchants went to men and women winners in age categories ranging from pre-teen to over 60.

### PUBLIC HEARING ON THE CRACK COCAINE CRISIS

The following City commissions and their staffs were available at the Southeast Community Center to discuss what they are doing about the crack crisis: Health Commission, Delinquency Prevention Commission, Housing Authority, Social Services Commission, Commission on the Aging, Human Rights Commission, Recreation and Park Commission, and representatives of the Mayor's Office.

### NO CHANGE IN THE CLINIC SAYS MAYOR'S OFFICE

Patients and staff at the Caleb Clark Potrero Hill Clinic were able to breathe a sigh of relief upon hearing from Mayor Art Agnos' office that the proposed city budget does not call for any cuts at the clinic.

### "PROJECT READ" LEADS HILL RESIDENT TO LITERACY

At 46, Hill resident James Rich knew he might get by on his wits and native ability, but he would never get ahead unless he learned to read. Through "Project Read," a San Francisco Library-sponsored adult literacy program, he was able, after two years of study, to pass the GED and enroll at the College of Marin.

### A BAIT SHOP BECOMES A POPULAR EATERY

The Ramp began in 1975 as a bait shop. A sandwich warmer was added. The food operation grew until, in 1982, it became a full-fledged restaurant. The atmosphere of the working waterfront remains. The operating boatyard next door adds to this feeling.

### AND TWENTY YEARS AGO...

Condo conversion brings tenants' battle... a facility for senior housing was proposed for the closed Patrick Henry School on Vermont Street... the November election for the Supervisorial seat in District Seven has brought forth a record number of candidates including Enola Maxwell of the Nabe, Bob Bradford of the Boosters, and Phil DeAndrade, owner of Goat Hill... singer-songwriter Lenny Anderson presented a program of contemporary, traditional and original songs at the Nabe... a park at the south end of Potrero Avenue won approval from the Rec-Park Department, to be built on the site where the old Borden's dairy once stood.

— Bernie Gershater



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INCH BY INCH, ROW BY ROW  
WATCH A SUMMER READER GROW!

"Thrills and Chills" is the theme of this year's Summer Reading Club, which begins on Saturday, June 5 and ends on Saturday, August 7. All children through ages 13 are encouraged to participate.

There are three requirements: 1) Sign up at any neighborhood branch of the library — you may only sign up at one location, and Potrero is hoping to be your choice! 2) Visit the library at least three times during open hours to check out books or attend special SRC program events. 3) Read!

Small prizes go to those who read (or are read to) for two, four and six hours during the nine weeks. Grand prizes such as books to take home or tickets to a Giants game go to those who read or are read to for eight hours or more.

The books may be in any language, but the only books that count are library books. Just signing up places you on a list of children who receive calls each month from their librarian about special program events at Potrero.

IT'S NOT WHAT YOU DID LAST SUMMER!

'99 Teen Summer Read is available at select branches across the city, including Potrero. Readers who are 13 and up and/or in high school may sign up at a participating branch, and must read three books and carry out three of a list of suggested activities. At Potrero Branch, participants may elect to write an essay on the impact of the Kosovo war or the Columbine High School killings in lieu of two of the activities. The program runs from June 5 to July 17.

SUMMER READING KICK-OFF:  
SWETHA KIXIT PERFORMS DANCES  
OF INDIA

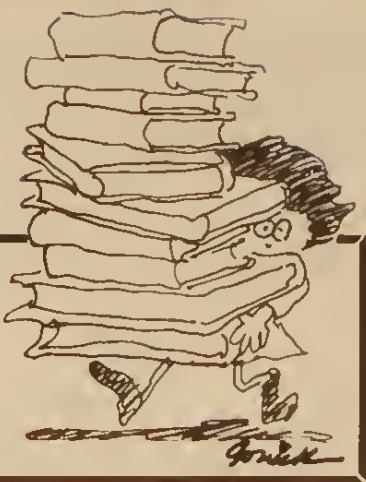
Join us on Saturday, June 5 at 4 p.m., when the Summer Reading Club welcomes Swetha Dixit, who will perform dances of India in full costume, to help us kick off this year's Summer Reading Club. Bring a friend, and sign up together, while enjoying refreshments that follow the program.

KIDS READ TO KIDS

The library has received a few calls asking about the Kids Read to Kids program that was recently announced by City Librarian Regina Minudri, in response to a child's complaint that his offer to volunteer to read at his neighborhood branch was turned down. We do not yet have guidelines for this program or know how it will be supervised, but expect to

LIBRARY NEWS  
POTRERO BRANCH  
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Closed Monday  
Tuesday: 10 am - 9 pm  
Wednesday: 1 pm - 9 pm  
Thursday: 10 am - 6 pm  
Friday: 1 pm - 6 pm  
Saturday: Noon - 6 pm



be able to supply that information in a week or two.

Here are some questions to consider in the meantime: What type of reading program makes the library attractive to the pre-reading child? What are the criteria for selecting a book to read aloud to an infant, a toddler, a preschooler, a young child, and a beginning reader?

What time limits should a kid observe in reading aloud to one or more other kids?

What is the role of a trained, professional children's librarian in deciding what reading aloud activities take place? Is it a significant drawback that a kid isn't trained to strike a balance between performance, pedantry, repetition, and stimulation, in introducing children to words, and their intonations, rhythms, meanings, and nuances? How can the children's librarian assure the quality of programs which the public can expect to encounter at the library? How many kids reading to kids can a given library branch publicize and support? If there have to be limits, who decides what they are? How should each child's reading out loud be publicized?

Who assumes responsibility for what is selected in the event that the selections are challenged? Who assumes responsibility for the appropriateness of the transactions between the reader and the listeners? If the child reader has difficulty holding the attention of the pre-readers, who decides whether continuing is in the best interests of the pre-readers? May the child who reads aloud bring his or her friends? Are they also entitled to expect the attentions of the listeners?

Do librarians who object to libraries introducing young children to the written word as volunteer projects do so because they fear retaliation from the bureaucracy? Might they have professional objections based on their training and experience?

You are encouraged to share your thoughts on these questions and any others with your branch children's librarian and the Chief of Office of Children and Youth Services of the San Francisco Public Library, Toni Bernardi.

NEW PLAYGROUND AT JACKSON PARK  
AND THE SAND WITCH

What is theory without practice? For children, what is reading without play? It is very satisfying to know that those who stood their ground for the new play facilities at Jackson Park are the very same parents who help make reading and regular visits to the library a treasured habit of their children. We salute all of you, who worked so hard. Please keep coming to the library after your day at the play structure.

May we ask you to please take a moment before visiting us to brush the sand off your feet and shake it from your shoes? Our rugs will be so much more comfortable if we don't have sand in them. And so will our new janitor, Ray!

THE COLUMBINE CHALLENGE

Many librarians who serve young adults and teens are discussing the challenge posed by the events at Columbine High School. How can teens utilize library resources to better understand the social and historical period in which they are become adults?

Don't teens live in a world broader than what is offered by cliques, anti-social culture, and the dehumanizing and authoritarian "solutions" offered by bureaucrats who narrow the choices to the most demeaning ones, and then say, "Go ahead: Choose!" Take a look at the Columbine/Kosovo photos in our Teen Summer Read display.

In response to those who have asked about making donations, if you wish to donate to the rebuilding of the Columbine High School Library, you may send contributions to the Columbine Library Fund, Littleton Jaycees, P.O. Box 1998, Littleton, CO 80160-1008.

ARTISTS EXHIBITION

Thanks to all of those individuals, groups, and merchants who helped make this year's artists exhibition a big success!

CHILDREN'S PROGRAMS

Infant and Toddler Lapsit takes place at 10:30 a.m. on Thursdays, June 3, 10, 17, and 24. Pre-school Story Time takes place on Wednesdays, June 9, 16, 23, and 30 at 7 p.m. The film "The Three-legged Cat" will be shown on Tuesday, June 1, at 10 a.m., and Wednesday, June 2 at 7 p.m.

MAGIC SHOW FEATURES CALAMARI BROTHERS

The Flying Calamari Brothers will thrill, amaze and confound one and all at their performance here on Saturday, June 26, at 4 p.m. Bring your skeptical friends.

COMING ATTRACTIONS:  
BOOKS ON ORDER FOR TEENS

- \* Dubowski, Cathy East. "Never Been Kissed"
- \* Benson, Peter. "What Teens Need to Succeed"
- \* Kubert, Joe. "Fax from Sarajevo"
- \* Naylor, Gloria. "Children of the Night: The Best Short Stories of Black Writers"
- \* Woodson, Jacqueline. "A Way Out of No Way: Writings About Growing Up Black in America"

Toba Singer  
Branch Librarian

**THE VIEW AT THE LIBRARY**

If you are searching for a story that ran in the Potrero View a long time ago, take a look at the bound volumes at the Potrero Branch Library which contain every issue from the very first one in 1970 through December 1991. We will have more recent issues bound in the not-too-distant future, but in the meantime, check with the librarian who may have them on file.

**PLEASE PATRONIZE  
OUR ADVERTISERS**

**HAPPY JUNE BIRTHDAY:** Josephine Boker, Matthew Barclift, Andrew Bierce, Judy Baston, Megan Bierman, Cecily Byrne, Brigid Donovan, Pio & Florent De Serpos, Marquis de Sade, Donald Duck, Katherine Dunham, Madeline Eastman, June Finis, Allen Ginsberg, Alexander Goldhammer, Emma Goldman, Giles Hauser, Rockwell Kent, Barbara Lane, Stan Laurel, Rachel Lovett, Sam Meblin, Marilyn Monroe, Quinten Moody, James & Bruce Nye, George Orwell, Ruth Passen, Cole Porter, Mary Price, Rita Rector, Stacy Rich, Jr., Chuck Rosenblatt, Jack & Jason Rowe, Gloria Sarvis, Fred Silverman, Elly Simmons, Pancho Villa, Dick Werthimer, Harriet Ziskin.

**Happy Birthday . . .**

**AND. . . a SPECIAL WELCOME TO:**  
Clara Marshall Dingle, born May 23 at 5 a.m., eighing in at 7 lbs., 5 oz. and 20" long.

**Potrero Hill Neighborhood House**  
953 De Haro Street, San Francisco, California 94107  
(415) 826-8080  
Enola D. Maxwell, Executive Director

**ON-GOING MEETINGS:**

|                      |                                 |
|----------------------|---------------------------------|
| Al-Anon              | Thursdays, 6:30 pm              |
| Alcoholics Anonymous | Sun, Mon 8:00 pm/Thurs, 8:30 pm |
| Girls/Boys Club      | Mondays, 4:00 pm                |
| Narcotics Anonymous  | Wednesdays, 8:00 pm             |
| Omega Boys Club      | Tuesdays, 7:30 pm               |

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- Senior Nutrition Program
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- Tutoring Program
- Youth Employment MYEEP/SYETP
- Job Readiness
- ZAP Project (substance abuse day treatment for adolescents)

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## Track's a Family Affair for Graduating ISA Senior

Jini Hogg is a 17 year old track star. She was slated to represent the Potrero Hill-based International Studies Academy (ISA), on May 29 in All-City competition, running the 400M, 200M and 4x100 races.

In the All-City meet, Hogg hopes to better her personal time of 57.1 in the 400 event. Last year, she made it to the state meet and has a good chance of going again.

Hogg lives in the Ingleside District with her father Leroy and mother Daisy, who are as excited about track as she is.

Exposed to track by her parents, Hogg has been running since age seven. Track keeps her busy doing positive things, she says. Practicing five days a week, during her three years at ISA, she never lost focus on academics and has a 3.0 grade point average, and is especially interested in economics. The track program at ISA began in 1996.

"Staying consistent every day, and keeping communication between the coach and the athlete is difficult," she

says. But Hogg's consistency and determination have paid off with her winning races, which, she said, is the best part about running.

This coming fall, Hogg will be attending San Diego State on a track scholarship. Her older brother Telani is currently attending U.C. Berkeley, also on a track scholarship. The good relationship between the two of them allows Hogg to learn from her brother's experiences. She also learns from her own - good and bad - experiences with track at ISA.

Hogg admires the work ethic of the late track star Florence (Flo-Jo") Joyner. She respects her, Hogg said, "because Flo Jo didn't stop until she reached it."

Hogg doesn't know exactly what kind of job she wants, but knows she wants to work in the field of sports. She graduates from ISA with the class of '99, but wants to be remembered as the person who put ISA on the map for track.

- Shauna Castro



Jini Hogg takes a break during a track meet.

## LITTLE PUFFER



The "Little Puffer," the San Francisco Zoo's old-fashioned miniature steam train, is currently in service at the zoo. The train, which had operated at the zoo from 1925 to 1978, was retired from service to make room for construction of Gorilla World. "Little Puffer" was reconstructed and re-inaugurated last year. It is one of only seven 22-inch gauge Cagney locomotives built around the turn of the century. Train rides are \$2 per person. For more information, call 753-7080.

## Help Design Furniture for Play Garden At Workshop Set June 26

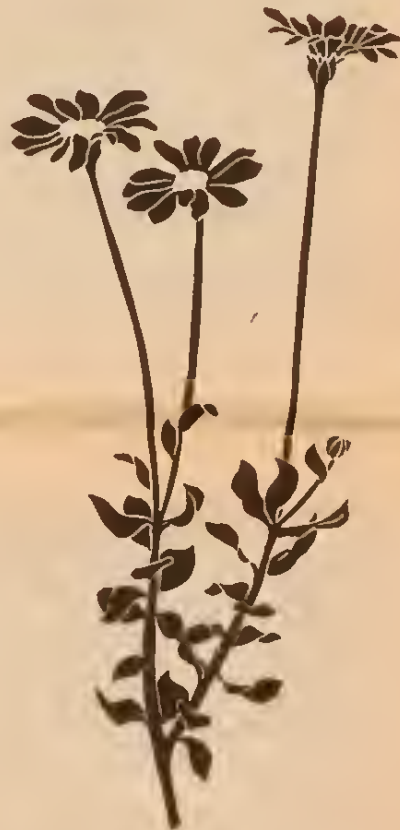
All interested people are invited to participate in a hands-on workshop that will take place on Saturday, June 26 at the Potrero Hill Neighborhood House, from 10 a.m. to 4 p.m. The workshop will be fabricating furniture pieces that will be installed in the Nabe's Playground and Learning Garden.

This project to renovate the Nabe's playground space into a new playground and learning garden is being coordinated by Architecture students at the California College of Arts and Crafts, eighth graders at the Potrero Hill Middle School, and the Potrero Nuevo Fund.

This is the third of several bi-monthly community workshops focused on fabricating various play and learning elements that will be installed in the Playground/Learning Garden project.

Thus far the workshops have produced a mosaic map of San Francisco, periscopes, and root boxes.

The Neighborhood House is located at the corner of DeHaro Street and Southern Heights. For further information, please call John Bass at 824-5978.



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## Neighborhood Parks Caucus Sets 1<sup>st</sup> Forum On June 5

It's a San Francisco first for park advocates — an all-day forum structured as a community response to key issues and problems facing parks and park users — a subject of growing interest in City Hall.

Organized by the Neighborhood Parks Council in association with 21 community group co-sponsors, the Neighborhood Parks Caucus takes place Saturday, June 5 from 9 a.m. - 3:30 p.m. at the Delancey Street Foundation Town Hall, 600 The Embarcadero.

Grassroots experts from New York, Chicago and Philadelphia will join with community groups to address common concerns and specific solutions. Admission is free.

Three major figures on the San Francisco park scene will also participate in the Neighborhood Parks Caucus June 5:

- \* The newly arrived consultant Tom Fox;
- \* Rec/Park Director Joel Robinson;
- \* Mayor Willie Brown (expected).

In the afternoon "Navigating City Hall" session, Neighborhood Parks Council executive director Isabel Wade will give a behind-the-scenes look at the new Charter Amendment proposal for park improvement funding and how it got on the Board of Supervisors agenda.

Featured speakers from other cities who will report on their efforts to involve community groups in neighborhood parks improvement are: Tim Tompkins, director, Partnerships for Parks, New York; Elizabeth Cooke, executive director, The Parks Council, New York; Blaine Bonham, executive vice president, Pennsylvania Horticultural Society and leader of its urban program, Philadelphia Green; Erma Franter, executive director, Friends of the Parks, Chicago.

In the afternoon, caucus participants will divide into work groups where they will prepare plans to deal with park issues ranging from safety to play areas and a balanced approach to dogs, to new recreation trends — skateboards and frisbees, as well as how to make headway with decision makers in City Hall and McLaren Lodge.

## GREAT GREEN SWEEP



Cooperating with the Mayor for "Clean-Up-Day" May 15, (L-R) Steve Krauss, Rudy Sustarich, Ken Waldroff, Anne Sustarich, Joseph Treinen and Lloyd Miglio put their best efforts into painting, pruning, weeding and general cleanup of the mini-park at San Bruno and 18<sup>th</sup> Streets. Often known as "The Benches," the area is well-used, judging by the debris gathered by the group. The mini-park started 30 years ago and has been kept up by volunteer friends of the Potrero Beautification Group. All help is welcomed.

"Our members had been urging us to provide an all-day forum where park and recreation advocates could share experiences and strategies for improving parks all over the city," said Wade. "June 5 is a particularly opportune day since it is also World Environment Day."

The council is a coalition of 58 neighborhood groups, each of which has several dozen to several hundred members.

Joining the NPC in presenting the caucus are Green City project, Friends of the Urban Forest, the Garden Project, SLUG, Coleman Advocates for Children, Japanese Community Youth Council, Committee for Better Parks and Recreation in Chinatown, Golden Gate National Parks Association, San Francisco Tomorrow, San Francisco Beautiful, Friends of Recreation and Parks, San Francisco Conservation Corps, San Francisco Bicycle Coalition, the Healthy Children Organizing Project, Morrisania West, San Francisco Urban Service Project, Safety Network, Trust for Public Land, Bay Area Women's and Children's Center, Inner City Youth, and San Francisco City-Wide Rec Council.

### MUNI Tix at Nabe

MUNI tickets are available at the Neighborhood House, 953 De Haro St., Mondays through Fridays during office hours, 10 am-4 pm

Senior MUNI: \$8.00  
Youth MUNI: \$8.00

For more information, call  
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# Friends and Family Mourn the Loss Of Architect, Hill Resident Seth Curlin

Friends and loved ones mourn the loss of 38-year Potrero Hill resident Seth Curlin who died suddenly of a cerebral hemorrhage on March 28 at the age of 63.

Seth was an architect and contractor with a particular love and talent for restoration of older structures and Victorians. He was well known to staff and members of the Potrero Hill Neighborhood House for the rehabilitation work he did on the building over the years. It was through Seth's efforts that the Potrero Hill Neighborhood House, built early in the century by famed architect Julia Morgan, was placed on the Register of Historic Places more than a decade ago.

Seth was a native of Amarillo, Texas, born on November 9, 1935 during the heart of the Depression. His early years were difficult and by the age of eight he was working odd jobs to support himself, which he continued to do throughout

his youth. He went on to receive a full scholarship for his first year at the Massachusetts Institute of Technology (MIT), graduating in 1963 after a hiatus in the Army from 1958-60. He married Janelle Mundy from Texas in 1960, and they later divorced after 17 years of marriage.

Seth's first job in San Francisco was in 1963 with the architectural firm of Wurster, Bernardi and Emmons, who designed the Bank of America headquarters. He became Project Manager for the B of A job while still a junior member of the staff. Other early work involved the establishment of Project One, one of the first communal live-work spaces in San Francisco.

In 1969, after two years of traveling in Europe, he started his own architectural and construction firm, Seth Curlin Associates and Restoration Associates, and had numerous interesting food and arts clients throughout the Bay

Area over the years, including the Hayes Street Grill expansion, design and construction of Vicolo Restaurant on Ivy Street, renovation of the 2320 Shattuck Street building in Berkeley. Recent renovations include work for SF Mime Troupe leaders Joan Holden and Dan Chumley and for Berkeley Symphony conductor Kent Nagano and his wife Mari on their San Francisco Bernard Maybeck home.

He was a lifelong music lover and was an active Board member of the Berkeley Symphony Orchestra during the mid 1990s. His other great loves were travel and good food (and Paris bakeries). He was a loyal friend, kind and generous to all who knew him. He is deeply missed by his partner of 20 years, Brenda Berlin, her children Celia Reineccius, Stacey Reineccius, his wife Elaine, Narda Reineccius Skov, her husband Andy and their 13-month old daughter Natasha, Seth and Brenda's first and beloved granddaughter.

In memory of Seth, tax-deductible donations can be sent to the Potrero Hill Neighborhood House, 953 Delmar Street, San Francisco, CA 94107, or the Berkeley Symphony Orchestra, 2322 Shattuck Avenue, Berkeley, CA 94704.



SETH CURLIN

# Potrero Hill Information In Community Connection

Where do we find affordable childcare, home-delivered meals, the latest AIDS drug trials, a nearby free meal, after-school programs, day treatment for people with disabilities, assistance in finding a job or homeless shelters? How do we learn about services that are needed by just about everyone in this community like registering to vote, getting a parking permit, adult education, filing a complaint or meeting people with similar interests?

The San Francisco Community Connection database is the place where we can turn for help. It is a free service of the San Francisco Public Library, available at all branches and over the Internet at [sfpl.lib.ca.us:8002/SOCSER](http://sfpl.lib.ca.us:8002/SOCSER). The database is a single source for comprehensive, up-to-date community information.

When one does a keyword search for Potrero Hill in the database, there are 71 references to the neighborhood.

They include various neighborhood organizations, non-profit agencies, city social service and health agencies that serve Potrero Hill residents, parks and recreation centers, health programs, senior services and youth groups.

The database is also a great place to do outreach, exchange information and get involved in the community. I can find listings of public meeting rooms available for community groups, local organizations that publish newsletters, and groups that sponsor events like street fairs. The database also has a listing of organizations where I can volunteer my time.

Information about each agency includes how to contact the organization, a complete description of services offered, who is eligible, what fees, if any, are involved; languages spoken by the staff, and even how to get there by Muni or BART. Assistance, support and training on the use of the database are available by calling 415-557-4589 weekdays or e-mail [mariaa@sfpl.lib.ca.us](mailto:mariaa@sfpl.lib.ca.us).

A single place exists where we can access services and begin to address our community's needs. We can find the resources to solve problems for ourselves in our day-to-day lives. We can find solutions for friends, family members and neighbors. We can locate others who want to improve our community and explore new ways to work together. All this is available at your nearest Public Library and on the Library's website. So the next time you are on the Internet or at a library, explore the San Francisco Community Connection. It is the first place to start when we want to access all that our community has to offer. Remember, the Internet website is: <http://sfpl.lib.ca.us:8002/SOCSER>

- Jeff Thomas  
Community Connection





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Join an open discussion with Allen Cohen as he shares his very special views from his Haight Street office when he was editor of the S.F. Oracle in the 1960s, on Thursday, June 24, at the Cannery, 3rd Floor Conference Center, 2801 Leavenworth & Beach Streets. Doors open at 7 p.m. Cohen will explore what was psychedelic as well as his views on drugs and drug use in the Haight of the 60s. The event is sponsored by the S.F. History Assn.

Footloose presents an interactive reading series of original one acts and full length plays by up-and-coming playwrights of the Bay Area. Directors invite the audience to play a role in post-performance discussions. Plays to be read: "Groucho: A Day in the D'Elia Soup," by Tina D'Elia, June 8; "Amor y Pesetas" by Gigi Gamble, June 22; and "Gesualdo" by Jewel Seehaus-Fisher, June 29. At Venue 9, 252 - 9th St. (bet. Folsom and Howard Streets), 8 p.m.

The S.F. Art Commission is seeking artists to design and implement a work of art for the Fillmore Jazz District Parking Garage, which is proposed for construction at Fillmore and Eddy Streets in the Western Addition. Women and African American, Latino/Chicano, Native American & Asian/Pacific Islander artists are encouraged to apply. To obtain project info., send a self-addressed, stamped envelope with 55¢ postage to Fillmore Jazz District Garage, S.F. Art Commission, 25 Van Ness Ave., Ste. 240, S.F. 94102.

OWL (Older Women's League) will present speakers on "Long-term care insurance: How to preserve your independence and protect your assets." at their regular membership meeting on Saturday, June 26, from 10:30 a.m. to 12:30 p.m. For meeting place and other information call 989-4422.

Tom Rigney w/Flambeau will celebrate the release of their new CD, "Red Boots and Rice," on Tuesday, June 22, at Cafe Coromo, 650 Indiana St. at Mariposa. There will be gourmet Cajun and Indian cuisine. Doors open at 7 p.m., and a dance lesson is offered at 8 p.m. The cost is \$8 at the door. Call for more information, 641-4858.



Volunteers are needed for the grants association, Hispanic Scholarship Fund. A few areas of need are general office support, computer and data entry tasks, evaluating applications, assisting with fund-raising events and the speakers' bureau. For information please call volunteer coordinator Walt Anthony, 415-445-9930, ext. 31, weekday mornings.

The S.F. Rec and Park Dept. will present a free pops concert by the S.F. City Chorus on Saturday, June 5, at 2 p.m. at the Golden Gate bandshell. For more info call 765-SONG.

The artwork of 21 of San Francisco's best "emerging" artists will be on display at 270 - 14th St., from June 3-26. The "Selections" exhibition is an opportunity for art enthusiasts to discover and enjoy the work of some of the city's lesser known, talented artists in a gallery setting. The exhibition will open with an artist and curator talk titled "A Fresh Start to Buying Art," on Thursday, June 3 from 6-7 p.m. Admission is free after 7 p.m.

The S.F. SPCA Hearing Dog Program invites the public to a graduation ceremony of its June 1999 class of canine students and their deaf and hard-of-hearing humans on June 26 at 11 a.m., 243 Alabama St. near 16th St. Refreshments will be served following the ceremony. For more info. call 554-3020.

The Community Music Center offers an evening of songs telling stories of "Dante de Tablan's communities: gay, Christian, Filipino, parents, human," in celebration of Philippine Independence Day and Gay Pride month, June 11 at 8 p.m. There is an admission charge. On June 12, Mozart's Kagels'att Trio, plus works by Libby Larsen and Martin Bresnick will be performed. This performance is free. For more info. call 647-6015. Recitals are given in the CMC building, 544 Capp St.

Hospice by the Bay of San Francisco is offering a free, one-day meditation class for both volunteer and professional caregivers of people with HIV/AIDS or other life-threatening illnesses. The class will be held on Saturday, June 12 from 10 a.m. to 4 p.m. at the Headlands Institute near Rodeo Beach in the Marin headlands, and is limited to the first 30 registrants. Call 626-5900 for more info.

The S.F. Jazz Festival presents outstanding line-ups of world-class jazz concerts, free to the public, through October. The line-up for June includes: June 4, Dmitri Matheny Orchestra "Ellington in the Park" and Robert Schneiderman Trio playing music of Bud Powell; June 18, Daniel Maya & Tocar in "Flamenco Jazz" and Anton Schwartz "Straight Ahead". These concerts take place at noon in Redwood Park at the foot of the Transamerica Pyramid, located at 600 Montgomery. Entrances are on Clay, Sansome & Washington Streets. For more program info. call 788-SFJF(7353).

San Francisco Women Against Rape is offering a 12-hour self-defense class for women in Cantonese and English. This is a free class and meets on June 5 and 12, from 1:30 to 4:30 p.m. For more info. and registration call SFWAR at 861-2024 x 304.

Volunteers are needed to assist with various programs serving elderly residents of the Jewish Home in San Francisco. Placements include working as sales assistants in the gift shop, or helping with food service in their Garden Cafe. Other opportunities include dealing Blackjack or calling Bingo. For more info. about these and other volunteer placements contact the Volunteer Office, 334-2500.

St. Luke's Hospital is sponsoring free lectures: June 3, 5-7 p.m. "BackPain" learning ways to protect your back; and on June 5, "Kids Aches & Pains - What to do when the doctor's office is closed," 10:30 - noon. Lectures take place at St. Luke's Hospital, 3555 Cesar Chavez St. Call 641-6465 to register.

"Fiesta Filipina '99 - the Bay Area's biggest Philippine Independence Celebration - takes place in the San Francisco Civic Center Plaza June 12 & 13. The event coincides with the 101st anniversary of Philippine independence from Spain, and will focus on education, technology and family. The two day fiesta will highlight the ethnically diverse Philippine society, as well as the cross-cultural influences of Spain, Mexico, Cuba, Puerto Rico, China, the Middle East and the USA on the island nation's vibrant culture and history. Over 100 entertainers will be featured in the two-day program. Admission is \$5 for adults & children ten and older; children nine and under are admitted free. Senior admission is \$3. For more info. call (650) 757-4803.

Seniors-At-Home of Jewish Family and Children's Services has an immediate opening for a part-time driver for the Escort Program. The position requires 12 to 16 hours per week to take senior clients to medical appointments and grocery shopping. The rate of pay is \$8 per hour and mileage reimbursement. Job qualifications include a car in good running condition, a valid California drivers license and a good driving record as well as automobile insurance. For info and to apply, call Debbi Goldman at (415) 449-3832.

Women Organized to Make Abuse Non-existent needs volunteers for their 24-hour crisis hot line. Help survivors of domestic violence rebuild their lives. Women of all ages, ethnicities, cultures, and sexual orientation are welcome. For more information call 864-4777.

A two-day bargain book sale, sponsored by the Friends and Foundation of the San Francisco Public Library, takes place June 19 and 20, at Ft. Mason Center, Bldg. A, in San Francisco. All books will sell for \$1 or less. The Friends holds its annual book sale to raise funds to help support the main Public Library and branches, as well as many other programs in the community. The sale runs from 10 to 3 p.m. For info call 771-1076.

The Muscular Dystrophy Assn. seeks volunteer summer camp counselors to work (for one week) at the MDA summer camp in Boulder Creek, California. Volunteers act as companions to children or teenagers with neuromuscular diseases during the camp session to be held July 25-30. Volunteers must be at least 16 years old and able to lift a child. Call the national headquarters, 1-808-572-1717.

The San Francisco SPCA's annual Animal Wingding street fair will be held on Sunday, June 6 from 9 a.m. to 4 p.m. Two special talent contests for animals will be held during the daytime activities. Gregg Holland of Animal Arts will conduct a talent search for pets that have star quality. Pets entering this contest at Wingding have the potential for future careers in film, television or commercials. If your animal possesses exceptional talents, bring him or her to the SPCA and show them what your pet can do. To sign up for Wingding pet contests, call 554-3000.

The American Physical Therapy Assn. (APTA) will operate a toll-free hotline on arthritis on June 5-6, 9 a.m. to 5 p.m., Eastern time. The hotline is sponsored by APTA's Section on Geriatrics and Section on Orthopedics. The toll-free number is 1-888-385-2782. Physical therapists will answer callers' questions on treating and managing osteoarthritis, rheumatoid arthritis, and other forms of the disease.



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Rebecca Liljeberg in "Show Me the Love," to be shown in the 23<sup>rd</sup> SF International Lesbian & Gay Film Festival June 17-27.

# Recycling Issues: Some Questions and Answers

**Q: What types of paper can residents recycle?**

**A:** Residents can recycle most types of paper. Some businesses can recycle the same materials, while other programs only take some of the items below. The types of paper residents can recycle are:

- \* Mail
- \* Computer and office paper (staples OK)
- \* Colored paper
- \* Envelopes (windows OK)
- \* Dry food boxes (e.g., cereal boxes, soda/beer packs, egg cartons)
- \* Catalogs and magazines
- \* Paper bags and packaging
- \* Phone books
- \* Newspapers
- \* Cardboard (flattened & broken down to no larger than 3' x 2')

The only types of papers that are currently **not** recyclable are:

- \* Coated paper (e.g., food packaging, drink boxes or cups that are plastic, wax or foil coated)
- \* Tissue paper (e.g., napkins, paper towels, toilet paper)

Residents with curbside recycling can put all their paper in a paper bag and set it next to their blue bin on their recycling day.

Apartment residents can take all their paper and place it in their building's large gray recycling container marked "Paper Only".

**Q: How can I reduce the amount of unwanted advertising (aka: "junk mail") that I receive?**

**A:** There are several ways to reduce the amount of unwanted advertising addressed to your home and office:

- 1) Write to Mail Preference Service Send your name (with all variations of spelling) and address to the address below, and state that you do not want to receive unsolicited mailings. This will take your name off many mailing lists for five years.  
Direct Marketing Association  
Mail Preference Service  
P. O. Box 9008  
Farmingdale, N.Y. 11735-9008
- 2) Credit Card Solicitations (even my cat has received one of these!) A 1999 Federal law enables consumers to remove their names from the lists that credit reporting agencies provide to

credit card issuers. Call the following toll free number to request that your name be removed from these mailing lists:

1-888-5-OPT-OUT (1-888-567-8688)

3) Mail Order Catalogs  
Call the customer service number on the catalog or use the postage paid envelopes or cards and ask to be removed from their mailing list. When ordering from catalog companies, request that your name not be given or sold to other companies.

4) Warranty Cards  
You should consider not filling out warranty cards. They are used solely to gather names for mailing lists since you're covered by the manufacturer's warranty whether the card is returned or not.

5) Prevent Junk Mail Before it Starts  
When placing catalog or Internet orders, making charitable contributions, or subscribing to a magazine, request that your name be placed on an "in-house" listing only. This helps insure that you will be contacted only by that company or organization, and that your name will not be sold or traded to anyone else.

**Waste Prevention Tip of the Month**

Bring your own bags (canvas, paper or plastic) to the grocery store. Not only will this save paper and/or plastic, but it can save you money too. Many markets will give you a five cent credit on each bag you bring in. A family of four can easily save \$26 a year with this one simple waste prevention tip. More serious recyclers can even reuse produce bags at the grocery store. After a few good uses, the bag's final life can be used to clean up after your pet!

For more Waste Prevention Tips, call the San Francisco Recycling Program at (415) 554-3400 and request the Environmental Shopping Guide. If you have questions or article ideas that you would like to see in coming issues, please call (415) 554-3400 or e-mail "sfrecycle@ci.sf.ca.us". I look forward to hearing from you!

— Debby Dunn  
SF Recycling Program

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# Lesbian, Gay Film Fest Offers Diverse Program

The San Francisco International Lesbian & Gay Film Festival will present its most diverse program of queer media ever in its 23rd edition, June 17 - 27, 1999, screening more than 260 works from 26 countries at San Francisco's Castro Theater (429 Castro Street), Victoria Theater (2961 Sixteenth Street) and Roxie Cinema (3117 Sixteenth Street).

"Trick," a new feature film from Jim Fall that *Variety* called "the most appealing and most erotic gay date movie ever made," will open the festival at the Castro Theater on Thursday, June 17. The 7 p.m. screening will be followed by a Gala Opening Night Celebration.

Closing night on Sunday, June 27 will feature "Show Me Love", a new Swedish film that tells the tale of two high school girls in a small town who find love and each other despite the homophobia that surrounds them. That screening will begin at 8 p.m. at the Castro and will be followed by the Closing Night Party.

This year's Festival Centerpiece will be "Aimee and Jaguar," a new German film that tells the true story of the love of two women — one a Gentile, the other a Jew — living in Nazi Berlin in the middle of World War II. This powerful film, which opened this year's Berlin Film Festival, will screen at 8:30 p.m. on Tuesday, June 22 at the new Sony Metreon Theatres.

The Festival will present "The Color of Sex: Race & Sexuality in Queer Film," a multi-part curated program of films, videos and panel discussions exploring issues of race and sexuality in the lesbian, gay, bi and transgendered media arts curated by African American writer, film programmer/producer and cultural critic Karl Bruce Knapper.

Documentaries in the Festival explore a wide range of themes, including "After Stonewall," which shows 30 years of queer activism in the U.S. from 1969 to 1999; "Gendernauts," German director Monica Treut's portrait of San Francisco's thriving transgender scene; "Divine Trash," a behind-the-scenes look at the making of John Waters' "Pink Flamingos;" "The Man Who Drove with Mandela," the story of a white gay man who risked his life and his freedom to help liberate his black sisters and brothers in 1960s South Africa.

Also "Climb Against the Odds," a story of 12 women coping with the impact of breast cancer and making a risky climb up Mt. McKinley; "Women of Vision," a three-part history of feminist film and video makers; "Off The Straight And Narrow: Lesbians, Gay Men and Bisexuals On Television," which searches for queer life in the mainstream media with some interesting results; and "Beefcake," Thom Fitzgerald's look at Bob Mizer and his Athletic Muscle Guild.

The 23rd San Francisco International Lesbian & Gay Film Festival, June 17-27, 1999, at the Castro Theater (429 Castro Street), Victoria Theater (2961 Sixteenth Street) and Roxie Cinema (3117 Sixteenth Street) is the oldest and largest event of its kind in the world. Advance tickets are available at the Festival Ticket Outlet located at 2362-B Market Street (between Castro and Noe) in San Francisco. Tickets may also be purchased by fax, mail and phone. For more information on the Festival and how to purchase tickets call the 24-hour hotline at (415) 703-8663 or visit the Festival on-line at <http://www.frameline.org>.

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## Art for AIDS Set June 30 At SF's SOMAR Gallery

Artistic expression will help make strides in the fight against AIDS on June 30, with Art for AIDS Auction III, when unique works of art go to the highest Bay Area bidders, and the UCSF AIDS Health Project (AHP) is the beneficiary.

The event will take place at the popular SOMAR Gallery at 934 Brannan St. on June 30 from 5:30 to 9 p.m. Art for AIDS Auction III is open to the public. Admission is \$10.

Auctioning a diverse collection of art — including painting, jewelry, photography, and sculpture from approximately 150 artists such as M.C. Escher, Jock Sturges and Winston Smith — Art for AIDS Auction III is expected to raise more than \$40,000 for HIV mental health, prevention and care services. In 1998, the event generated more than \$16,000 for local AIDS organizations with the support of many talented artists, individuals and businesses.

This event begins with a viewing reception and silent auction from 5:30 to 7 p.m., followed by a live auction from 7 to 9 p.m. At the reception, there will be theatrical hostesses, live music and delicious food as guests view a professional presentation of some 150 works of art.

More detailed information about the artists, supporters and this year's art will be available at [www.art4aids.org](http://www.art4aids.org)

UCSF AIDS Health Project (AHP) provides culturally sensitive counseling and education to stop the spread of HIV infection, and helps people face the emotional, psychological, and social challenges of living with HIV disease. AHP provides direct mental health services to people with HIV disease and AIDS; their friends, family members, partners and caregivers; and to seronegative people.

"In 1999 people with HIV are doing better than ever before. But the AIDS Health Project still sees the emotional impact of the epidemic every day on the lives of our clients. The demand for our services remains strong, and we are grateful to be part of the Art for AIDS event that transforms art into much needed services to benefit our more than 10,000 clients," says James W. Dilley, M.D., Executive Director, UCSF AIDS Health Project.

Since 1984, AHP has continuously provided free or low-cost HIV and AIDS related services to more than 225,000 individuals and trains more than 1,000 providers annually. No one is turned away for lack of funds. AHP itself receives no funding from UCSF. For more information visit AHP's web site at [www.ucsf-ahp.org](http://www.ucsf-ahp.org). For more information about Art for AIDS Auction III or the UCSF AIDS Health Project call (415) 502-5859.



At Art for AIDS Auction II, Sister Penny Costal of the Sisters of Perpetual Indulgence displays American Conservatory Theatre production photograph of "Angels in America."

Shanti Gagne photo

### Patrick Dougherty

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## THE GREAT DIVIDE



Dancer Kim Epifano, who works with clients of the Potrero Hill Neighborhood House Social Development Program, will perform in her own program as part of the Edge Festival. Epifano's program, "The Great Divide," exploring gender, race and class, will take place June 11-13 and 17-20 at 8 p.m. at the Dancers' Group Studio Theater, 3221-22<sup>nd</sup> St. Clients from the Nabe's Social Development Program will appear with Epifano in part of her program. For more info about the Edge Festival, call 824-5044.

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# New Drug Prevention Information Spotlights Birth Defects from Abuse; Communication Problems


In recognition of Alcohol and Other Drug-Related Birth Defects Awareness Week, the American Council for Drug Education, an affiliate of Phoenix House, has made available, nt a special discounted rate, a video examining the effects of substance abuse on pregnant women and their babies.

Titled "Chasin' Life," the 13-minute video chronicles the lives of two pregnant women — one who abuses drugs and one who is drug -free. The film highlights the experiences of women in recovery and provides helpful information about substance abuse prevention. It was produced with support from the Metropolitan Life Foundation.

"When a woman becomes pregnant, it is important for her to lead a healthy life; to eat nourishing food, get plenty of rest, and attend regular prenatal care," said Terry Horton, M.D., Vice President and Medical Director of Phoenix House, a National network of substance abuse service programs. "It is also vital that she avoid anything that might harm her or her fetus. It is especially important to be alcohol, cigarette and drug free. 'Chasin' Life' explores these issues in the context of two women."

Included with the video is an information and discussion guide addressing the effects of drugs on pregnancy. In recognition of Alcohol & Other Drug-Related Birth Defects Awareness Week, the guide is available at the reduced price of \$6. For more information, contact the American Council for Drug Education at 164 W. 74th Street, 4th floor, New York, NY 10023, or call 1-800-488-DRUG.

Also available is a valuable guide called "Let's Talk: Communicating With Your Child About Tobacco, Alcohol, And Other Drugs."



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Released April 26, a survey conducted by the Partnership for a Drug-Free America found that while virtually all American parents (98 percent) say they've talked with their children about drugs, only 27 percent of teens say they're learning a lot at home about the risks of drugs. The study also reported that drug abuse was significantly lower among kids who have learned a great deal about drugs at home.

"These findings show that parents, while making some effort, are not getting the message across about the dangers of drug abuse," said Dr. Peter Provet, Director of Adolescent Services for Phoenix House. "They need to be authentic in their discussions with their kids about drugs and their messages need to be grounded in the realities of the lives of their youngsters. When they accomplish that, the report shows, they can have a significant and positive effect."

Designed in an easy-to-follow format, "Let's Talk" provides parents with detailed instructions on talking about the dangers of these harmful substances with their children, ages 3 to 15. It also features background information on the disturbing levels of adolescent drug use in America, and colorful charts on stages of child development and the effects of drug nbuse.

"Pnrents are unquestionably their children's first and most important teachers," says Dr. Provet. "The messages they deliver influence their children, not just for today, but throughout their lives. It is clear that caring adults have the best chance of helping children grow up to be drug free, and




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our new guide is designed to give them the tools they need to perform this very important function."

Recognizing important distinctions, the guide presents drug prevention strategies and information for three different age groups — pre-schoolers (3-5), school age children (6-10), and young adolescents (11-15). For pre-schoolers, the emphasis is on developing self-help, problem solving and personal hygiene.

School age children are influenced by peer groups, but appreciate having limits in place. Young adolescents encounter an array of challenges, including self-doubt, concern about personal appearance, and expanding social consciences. These circumstances create the need for different parental approaches to drug information and prevention, according to Dr. Provet. "Conversations with children at all age levels must be rooted in the realities of their lives," he adds.

The guide also portrays conversations between parents and children, suggesting responses that generate effective communication on a variety of topics. These include adolescents claiming that a parent who lived through the 1960s or 70s, and perhaps experimented with drugs, should acquiesce in use by the teenager. The guide recommends "speaking honestly about your own past

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**HOW:** Pick up a registration brochure at a BLOCKBUSTER or TIMBERLAND store, call 415-431-BIKE (2453) x7, or register online at [www.dosomething.org](http://www.dosomething.org)

use, explaining what experience has taught you.

To obtain a copy of "Let's Talk," send \$3.60 check or money order payable to the "American Council for Drug Education" to: ACDE, 164 W. 74th Street, 4th floor, New York, NY 10023, or call 1-800-488-DRUG.

Founded in 1977, the American Council for Drug Education (ACDE) produces and distributes a wide range of scientifically based drug education and prevention materials for schools, the workplace and the general public. ACDE reaches hundreds of thousands of people annually through print, broadcast media and film. The Council operates a 24-hour, toll-free, confidential drug help and referral service, 1-800-DRUG-HELP. To learn more, visit ACDE on line at, <http://www.acde.org>

Since 1995, ACDE has been an affiliate of Phoenix House, the nation's leading non-profit substance abuse service organization. Phoenix House treats more than 3,300 adolescents and adults in outpatient and residential programs in New York, Texas, California and Florida. Founded in 1967, Phoenix House has treated more than 75,000 people — saving lives and strengthening families and communities. To learn more, visit [www.phoenixhouse.org](http://www.phoenixhouse.org)

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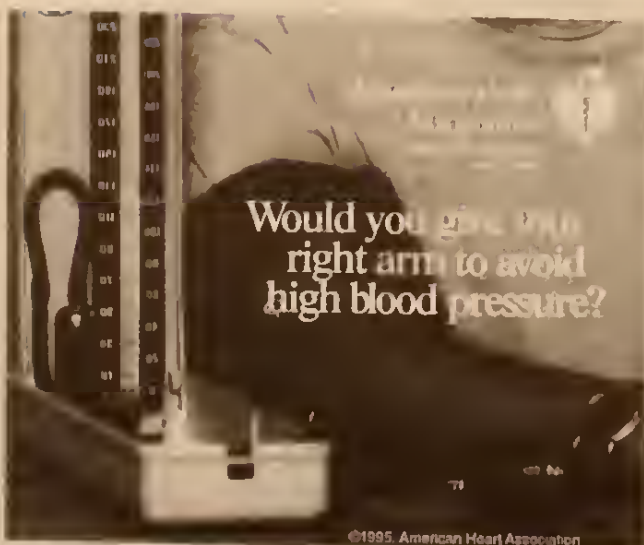


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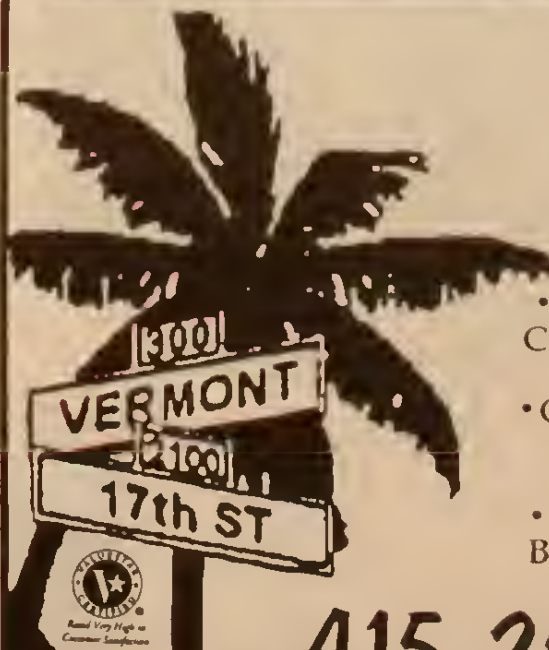
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**IT TAKES A WHOLE VILLAGE TO RAISE A CHILD:** We're calling on the "village" for volunteers for our summer programs. Please contact us at (415) 826-8080. We need artists, musicians, poets, tutors, and angels. Ask for Enola D. Maxwell.



**LEARN ACU-YOGA:** Acu-yoga is a practice combining use of acupressure points w/basic yoga poses. Wonderful for relaxation, increased well-being, & emotional balancing. Beginners encouraged! 1/2 day seminars. Limited size. 584-3151.  
**PET SITTING:** Exceptional T.L.C. for your pets! Need help w/ferals? Experienced. Reasonable. Carole & Barbara. (415) 863-3318.

**BODYWORK FOR STRESS RELIEF.** I practice Amma, a form of Japanese bodywork similar to Shiatsu. It will help you achieve deep relaxation, free up muscle tension and release stress. You'll receive your massage wearing light clothing in a beautiful space on Potrero Hill. I take appointments on weekdays, evenings and Saturdays. I have 5 years experience. Please come to my studio any Saturday for a free 15-minute chair massage. It's your chance to experience this highly effective technique before you commit to a full body session. To schedule your free massage call (415) 487-9114 and ask for Gary.

**TREES, SHRUBS, HEDGES:** Professional arborist, neighborhood resident. 20+ years exp. Free estimates, reasonable rates. Call w/any garden questions. Call Bill Squire, 826-6160.

**HEALTH COUNSELING/RELAXATION/ STRESS REDUCTION:** Safe, effective process for optimum health & performance, stress reduction, relaxation, smoking cessation, weight reduction, pain management & childbirth. Learn to use guided imagery techniques w/Certified Medical Hypnotherapist/Counselor/Registered Nurse/MFCC Intern. Local refs avail. Sonja Lindstrom, RN, MA, CMT. 267-4826.

**SENIORS (60+) DON'T EAT ALONE! JOIN US FOR DAILY LUNCH AND ADD TO YOUR SOCIAL LIFE:** Learn dances Fridays before lunch. Mon-Fri, hot nutritious meals - your first time with us you get a free lunch! Special holiday events! Potrero Hill Neighborhood House 953 De Haro St. For more information call 826-8080, ask for Alicia S. Soberano.

**"CLEANINGHOUSE"** home, off, apt and apt bldg maint, cleaning! Reg. & one-time, move-in/out. Roger Miller, refs. 664-0513.

**VISITORS WELCOME:** Comfortable, furnished apt, nonsmoking priv. entrance, great Pot Hill location. Avail for few days/few wks. No live-ins. 285-0251.

**POTRERO HILL LOCKSMITH:** Ca. lic. loc 42/bonded, insured. Free estimates. Reasonable rates. Call 285-0948/Pager: 414-0609.

**STRONG MASSAGE FOR MEN:** Skillfully tailored massage therapy specializing in Deep Tissue, Sports Massage and Injury Rehab. 8 yrs experience. Low introductory rates. Potrero Hill location. Jim, 282-0837.

**POWERPOINT EXPERT:** Mac/PC, for your presentation needs. Screen, Print, Graphics, Animation. Tutoring tool. Sophia, 509-1824, stellary@aol.com

**PARKING:** \$85.00 off street/\$150.00 inside. 19th & Kansas Sts. 824-3662.

**EXCELLENT PARTY + EVENT PIANIST:** Classics to swing, Broadway to 90s pop; fun, friendly, professional. Free brochure & tape. Tom Shaw, 626-7108.

**HOT PLASH! MIDLIFE WOMEN'S GROUPS** in Noe Valley. Meet with women your age, supporting each other through the struggles, challenges and joys of midlife. We are trailblazers and elders in training, redefining what aging means to us. Arlene Dumas, LCSW, 641-4553.

**CLEAN & NATURAL:** House cleaning service. We use enviro-safe products. Reg. or occasional. Bus Lic. bonded. Free estimate (415) 303-9865. Simone.

**WEB PAGES - PUBLICITY:** Web design for your business, products or services. One page e-mail links to full retail sites with shopping carts. Then we promote your site via print, radio or TV campaigns. We also create animated banners, submit to search engines, update existing sites, refer ISP resources and register domain names. The web used to be a lot of hype, but the reality is finally here. Every business needs a brochure or catalogue, & now you need an electronic brochure. Free one hour consultation. Yvonne Walker, HandShake, Ltd. 415-643-2800 www.hand-shake.com or mail @hand-shake.com

**QUERCUS GARDENING:** Maintenance, plant recommendations, irrigation, light outdoor carpentry, clean-ups. References. Call Tom, 255-6225.

**PLANT SALE!** Interior plants from desktop to 9' tall. Also ceramic containers, terra cotta pots and wicker baskets. Dates: June 12 & 26, from 11 a.m. to 1 p.m. 610-22nd St., between 3rd and Illinois, #254.

**CLEANING UP THE HILL!** Get ready for Spring. Rid your house of those unwanted insects, mites, spores, pollen, etc. Call Vonnie, 650-359-3276.

**HANDYMAN/CARPENTER:** Repair door, hang kitch. cabinet, add room, build fence or deck, remodel closet, or trim tree. I'm skilled & do good work at a reasonable price. Robert, 550-4055.

**DOGGIE TIME/DOG WALKING:** for dogs: Does yr dog need a mid-afternoon outing? For safe, responsible & fun walking for yr dog friends call Trish, 677-7976. Refs.

**GOURMET VEGETARIAN CUISINE** delivered to your doorstep. Diverse menus, naturally low in fat, cholesterol & salt. Treat yrself right! Gift cert. avail. For mo. menu call Jane, 826-2133.

**EXPERT CLEANING:** Reliable, professional. House, apt & office cleaning available. References & experienced. Call Grant, 643-6900.

**STEVE MORGENSTERN-HAULING:** Dump runs. Pay me in cash and/or old stuff. Free estimates. Prompt service. Call 902-8026 anytime.



**DOG WALKERS:** Does your pooch need a good mid-day walk & some social activity? 14 yrs res. on Potrero Hill. Refs. available. Call Don & Barb, 826-0579.

**LOCKSMITH & HANDYMAN SERVICE:** Free estimates, no job too small, all work guaranteed. CA permit #Loc 3483. Bill, 650-755-8542.

**SCHLEPPER BROS. HAULING (Y2K, Sustainability Activist)** Quick, fair, yogie totally reliable. Tom, 824-4214.

**MAC or iMAC COMPUTER?** Need help? I can ... help you clean up your computer, get your computer talking to your printer and modem, setup e-mail and the web, etc. I'm the tech coordinator at an elementary school. Evenings and week-ends in your home. 641-7062.

**SUMMER SPECIAL:** Lose weight and increase energy with all natural product. Call Jenifer, (415) 378-5781 for sample.

**OFFICE SPACE WANTED:** Local artist looking for 500+ sq. ft. for office. No equipment, only desks and files. In-law apt., garage - anything may work. Rental or purchase. Bob, 821-0860.

**IN HOME WORKOUT OR GYM:** Personal trainer, professional body builder. Kenneth Newman, Mr. San Francisco, Mr. Florida. Call 552-0349.

**MOMMY EXPRESS YOURSELF:** Art therapy group for moms forming: weekly. Noe Valley, time to be arranged. Facilitated by Jana Silverman, M.A., MFT Intern, #IMF 34464. Supervised by Julie Albert, MPT #28884. 773-8124.


**PLEASURE FOR BODY AND SOUL:** Create home & work environments that are efficient & pleasurable. Indulge yourself w/gd interior design. Judy, Cofod Design Group, 643-9330.

**YOUR NEST EGG MAY HAVE A CRACK** Long-term nursing care for yourself or aging relatives could wipe out a lifetime of savings and create tremendous stress on family members. Medicare does not cover long-term care and Medicaid will require that you 'spend down' your assets. Financial planners and accountants recommend Long Term Care Insurance as the most viable solution. For third-party articles or a free, no pressure consultation, call Bill Hannant at (415) 647-7012.

**LOOKING FOR A FIFTEEN YEAR** experienced, reliable house cleaner? Stop your search! Call K J now at (415) 285-3014.

**LEARN ITALIAN:** Urbania, Italian School 3362 24th st. Qualified native instructors. Course descriptions online @www.urbschool.com 647-6603.

**PEACEFUL KINGDOM PETSITTING:** personalized, loving pet care in your hm. 20+ yrs. exp. w/all phases of animal care. Excel refs, JoAnn, 920-1973.




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